



OUTPATIENT THERAPY



Outpatient therapy allows you to work toward regaining the ability to participate in the activities you loved before illness, injury or surgery affected your life. Our outpatient therapy program can help you:

1. Speed healing from a work-related injury.
2. Decrease muscle and joint pain, and improve functionality.
3. Implement an exercise program to maximize your recovery.
4. Make a smooth transition from an inpatient medical setting to a home environment.

FREQUENTLY ASKED QUESTIONS

How do I get started?

If you are currently receiving inpatient therapy at our facility, your therapist can provide information on outpatient therapy services. If you are not a patient/resident at our facility, please contact your physician to obtain a prescription for therapy services.

How do I make an appointment?

Contact our therapy department to schedule an appointment. 507-665-3375.

What does outpatient therapy cost?

Medicare, Medicaid and most private insurance may cover all or part of your therapy costs. Please contact your insurance provider.

What do I wear?

Wear loose and comfortable clothing to your therapy sessions.

Do you provide transportation for outpatient therapy patients?

No. Patients are asked to provide their own transportation to and from therapy sessions.

Call for an appointment: 507-665-3375